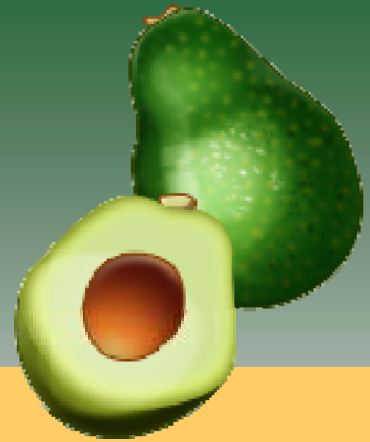


# Guacamole Salad



## Ingredients:

- 2 cups grape tomatoes, halved
- 1 bell pepper, seeded and ½-inch diced
- 2 cups of black beans
- ½ cup small diced red onion
- 1 Tablespoon minced jalapeno pepper (seeded- optional)
- ½ teaspoon freshly grated lime zest
- ¼ cup freshly squeeze lime juice (~2 limes)
- 2 Tablespoons of Extra Virgin olive oil
- ½ teaspoon freshly ground black pepper
- ½ teaspoon minced garlic
- ¼ teaspoon ground cayenne pepper
- 2 ripe small avocados- seeded, peeled and ½ inched diced

## Directions:

1. Place the tomatoes, bell pepper, black beans, red onion, jalapeno peppers and lime zest in a large bowl.
2. Whisk together the lime juice, olive oil, black pepper, garlic and cayenne pepper and pour over the vegetables. Toss well.
3. Just before you're ready to serve the salad, fold the avocados into the salad.
4. Serve at room temperature.

***Serving size: 1 cup; Makes 7 servings.***

