

MACARONI SALAD

4 Servings, 1-1/2 cups each

Elbow macaroni, uncooked	12 ounces
Green pepper, chopped	1/2 cup
Salad dressing, mayonnaise-type	1/4 cup
Pepper	1/2 teaspoon
Garlic powder	1/4 teaspoon

PREPARATION TIME: 15 MINUTES

COOKING TIME: 8 TO 10 MINUTES

1. Cook macaroni according to package directions. Drain and cool.
2. Combine green pepper, salad dressing, and spices.
3. Add macaroni and toss lightly. Chill.

PER SERVING:

Calories	430
Total fat	13 grams
Saturated fat	2 grams
Cholesterol	0
Sodium	72 milligrams