



Graduating from High School this Year?



Vaccinate *before you* Graduate

Take Charge of Your Health!

Getting vaccinations while you are still in school can get you caught up on your shots before getting a job, going to college or traveling abroad. Vaccinations can protect you against many diseases that can cause serious health problems.

Check your vaccination records or check with your doctor to be sure you have all the recommended vaccinations. If your vaccinations need to be updated, contact your doctor, school nurse or local health department.

The following are some of the recommended immunizations:

- Human papillomavirus (HPV)
- Influenza (flu)
- Measles-mumps-rubella (MMR)
- Meningococcal
- Tetanus-diphtheria-pertussis (Tdap)
- Varicella (chickenpox)

The Centers for Disease Control and Prevention's Recommended Adult Immunization Schedule is available at www.cdc.gov/vaccines/recs/schedules/adult-schedule.htm.

FOR MORE INFORMATION, CALL (850) 245-4342 OR VISIT WWW.IMMUNIZEFLORIDA.ORG.

