

HAND WASHING 12 STEPS



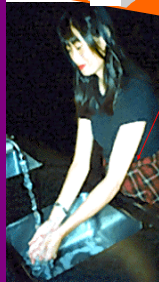
1 BEFORE YOU START...

Crank Paper Towel Holder So Paper Towel Is Ready



2

Stand in front of the sink. Do not allow your clothes to touch the sink during the hand washing procedure.



3 Turn on water and adjust force. Regulate the temperature until the water is hot. Wet Your Hands and wrist area With Hot Running Water



4

Use about 1 teaspoon liquid (3-5 mL) from dispenser and lather hands thoroughly. Cover all areas of hands with the soap product. Distribute Soap Evenly Over All Surfaces



5

Keep hands lower than elbows to allow water to flow toward fingertips.



6

With firm rubbing and circular motions, wash the palms and backs of the hands, each finger, the areas between the fingers, the knuckles, wrists and forearms. Wash at least 1 inch above area of contamination. If hands are not visibly soiled, wash to 1 inch above the wrists.



7

Continue this friction motion for 20 seconds.



This is about as long as it takes to sing

Monster Mash



8

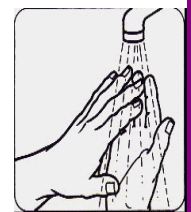
Use the fingernails of the other hand or a nail brush to clean under fingernails.



9

AVOID CROSS CONTAMINATING YOUR HANDS

1. Thoroughly Rinse Your Hands
2. Don't Touch The Sides Of The Sink Or Faucet!
3. Don't Turn Off The Water Yet!



10

Dry hands, beginning with the fingers and moving upward

toward forearms with a paper towel.



11

Use the paper towel as a barrier between your hand and the crank on the paper towel dispenser and crank down more paper towels.



12

Use this new Paper Towel as a Barrier Between Your Hand and the faucet to turn off the water. Use a Paper Towel as a barrier between your hand and the Door Handle When You Exit. Discard towel immediately without touching the other clean hand.

